

NO FLU IN OUR HOUSE...



The Lake County Health Department is offering Flu vaccinations.
Call: (847) 377-8470
for more information.

A Few Ways to Stay Healthy:

Get vaccinated against the flu and follow the three C's:

Clean—Wash your hands

Cover—Cover your cough and sneeze

Contain—Contain your germs. Stay home if you are sick.

If you do get the flu, ask your doctor about anti-viral medications that can help.

For more information, visit:
www.lakecountyflu.com

...Because we got our flu shots!



LakeCounty
Health Department and
Community Health Center

*Healthy people. Healthy choices.
Healthy Lake County.*

Get Yours— And Fight the FLU!